

# ARCHWILIO GALWEDIGAETH A GALWAD GYDA PHLANT

# EXPLORING VOCATION AND CALLING WITH CHILDREN

## GWERS 1

*Teitl:* Gwrando ar Dduw

*Agor y wers:* Mae Duw eisiau ein helpu a'n harwain yn ein bywydau; dydy o ddim ond yn gallu gwneud hynny os cymerwn ninnau'r amser i wrando arno. Ond dydy gwrando ar Dduw ddim yn hawdd. Fe wrandewn yn astud ar hanes Samuel, dyn ifanc a glywodd Duw'n siarad â fo, heb sylweddoli mai Duw oedd o.

*Stori o'r Beibl:* 1 Samuel 3:1-21 [Duw'n galw Samuel]

*Gweithgaredd 1:* Gêm 'Tyrd yma, Samuel'

Cael y plant i eistedd mewn cylch. Bydd un plentyn yn gorwedd yng nghanol y cylch, gan gymryd arno ei fod yn cysgu. Dewiswch blentyn yn y cylch i ddweud, 'Tyrd yma, Samuel.' Bydd Samuel wedyn yn deffro a cheisio dyfalu pwy alwodd. Os ydy'r dyfaliad yn gywir, bydd y ddau blentyn yn newid lleoedd a'r gêm yn parhau i fynd yn ei flaen. Os ydy'r plentyn yn dyfalu'n anghywir, pawb i ddweud, 'Cer yn ôl i gysgu' a chael rhywun arall i ddweud 'Tyrd yma, Samuel.' Cariwch ymlaen hyd nes eu bod yn dewis y plentyn cywir.

Atgoffwch y plant i Samuel, pan alwodd yr Arglwydd arno, feddwl mai Eli oedd o i ddechrau. Yn y diwedd, fe sylweddolodd mai'r Arglwydd oedd yn galw arno. Roedd gan yr Arglwydd neges bwysig i Samuel.

*Gweithgaredd 2:* Gwneud Ffonau

Rhowch ddau gwpan polystyren neu bapur i bob plentyn. Gwnewch dwll yng ngwaelod pob cwpan a'u cysylltu nhw at ei gilydd gyda llinyn neu ruban oddeutu 3 troedfedd o hyd. Sicrhewch y llinyn y tu mewn i bob cwpan gyda thâp. Addurnwch y cwpanau gyda chraeonau neu sticeri. Dangoswch i'r dosbarth sut i siarad trwy un pen gyda ffrind.

Atgoffwch y plant mai nid ffôn a ddefnyddiodd Duw pan alwodd ar Samuel! Siaradd yn uniongyrchol â Samuel. Mae'n rhaid i ni wrando bob amser am arwyddion fod Duw'n siarad â ni.

*Gweithgaredd 3:* Gêm Gwrando

Cael y plant i eistedd gyda'u pennau i lawr ar y bwrdd

## LESSON 1

*Title:* Listening to God

*Opening the lesson:* God wants to help and guide us in our lives, he can only do that if we take time to listen to him. But listening to God isn't easy. We listen carefully to the story of Samuel, a young man who heard God speaking to him, but he didn't realise it was God.

*Bible Story:* 1 Samuel 3:1-21 [God calls Samuel]

*Activity 1:* 'Come here, Samuel' Game

Have the children sit in a circle. One child will lay down in the middle of the circle and pretend to be asleep. Pick a child in the circle to say, 'come here, Samuel.' Samuel will then wake up and guess who called. If guessed correctly then the two children will switch places and the game continues. If the child guesses incorrectly then all say, 'Go back to sleep' and someone else will say 'come here, Samuel.' Continue until they pick the correct child.

Remind the children when the Lord called for Samuel he thought it was Eli at first. Eventually he realized that it was the Lord calling him. The Lord had an important message for Samuel.

*Activity 2:* Making Telephones

Give each child two polystyrene or paper cups. Poke a hole in the bottom of each cup and connect them with a string or ribbon about 3 ft long. Secure the string inside the cup with tape. Decorate the cups with crayons or stickers. Show the class how to talk through one end to a friend.

Remind the children when God called Samuel he didn't use a phone! He spoke directly to Samuel. We need to always be listening for signs that God is speaking to us.

*Activity 3:* Listening Game

Have the children sit with their heads down on the table and their eyes closed. Make different sounds and have them try to guess what the sound is. You can use a smart phone to do this by looking up sounds on YouTube or using various items to hand,

a'u llygaid ar gau. Gwnewch wahanol synau a'u cael i geisio dyfalu pa sŵn ydy o. Medrwch ddefnyddio ffôn clyfar i wneud hyn trwy chwilio am synau ar YouTube neu ddefnyddio gwahanol eitemau wrth law, megis cnocio ar ddrws, amserydd, crensiann papur.

Canmolwch y plant ar eu sgiliau gwrando a'u hatgoffa y dylen nhw bob amser wrando ar Dduw!

*Cau'r wers:* Dysgodd Samuel ei bod hi mor bwysig i wrando ar Dduw. Gwahoddwch y plant i ystyried sut y gallwn ni wrando ar Dduw. Mae Duw'n siarad â ni pan fyddwn ni'n gweddïo, wrth inni ddarllen y Beibl, pan awn ni i'r eglwys, ac weithiau fe gawn ni negeseuon ganddo trwy bobl eraill – ond mae'n rhaid inni wrando.

*Gweddï:* Arglwydd Dduw, helpa ni i fod fel Samuel yn gwrando'n ofalus ar y pethau pwysig sydd ganddochi i ddweud wrthon ni. Amen.

## GWERS 2

*Teitl:* Ein Doniau a'n Talentau

*Agor y wers:* Mae Duw wedi gwneud pob un ohonon ni ar ei lun a'i ddelw ei hun, ond rydyn ni hefyd yn unigryw. Mae gan bob un ohonon ni wahanol bethau rydyn ni'n eu mwynhau ac yn dda am eu gwneud. Wrth ddod a gallu a sgiliau pob un ohonon ni at ei gilydd, fe fedrwn ni gyflawni pethau anhygoel a rhyfeddol dros Dduw.

*Stori o'r Beibl:* Rhufeiniaid 12:4-6 [Un corff, llawer o aelodau]

*Gweithgaredd 1:* Hunanbortread

Gwahoddwch y plant i dynnu llun ohonon nhw'u hunain a sgwennu o gwmpas y darlun pa bethau maen nhw'n ei fwynhau a pha bethau maen nhw'n dda am wneud. Wedi iddyn nhw orffen, anogwch bob plentyn i siarad am yr hyn maen nhw wedi sgwennu.

Atgoffwch y plant ei bod hi'n iawn i fod yn wahanol a bod gan Dduw dasgau arbennig i bawb ohonon ni gan defnyddio ein gwahanol gryfderau a chymwysterau.

*Gweithgaredd 2:* Mae ein Doniau i'w Rhoi a'u Rhannu

Darparwch ddeunyddiau crefft i'r plant greu rhodd i rywun. Gwnewch rodd i godi calon rhywun neu i ddangos i rywun cymaint o feddwl sydd ganddochi

such as knocking on the door, a timer, or rustling paper.

Commend the children on their listening skills and remind them they should always listen to God!

*Closing the lesson:* Samuel learned that it is very important to listen to God. Invite the children to consider how we can listen to God? God speaks to us when we pray, when we read the bible, when we go to church, and sometimes he gives us messages through other people – but we need to listen.

*Prayer:* Lord God, help us to be like Samuel and listen carefully to what important things you have to tell us. Amen.

## LESSON 2

*Title:* Our Gifts and Talents

*Opening the lesson:* God has made each one of us in his image, but we are also all unique. There are different things that we each enjoy and that we're good at doing. When we bring all of our abilities together, we can do wonderful things for God.

*Bible Story:* Romans 12:4-6 [One body, many members]

*Activity 1:* Self Portrait

Invite the children to draw a picture of themselves and to write around the picture what they enjoy and what they are good at doing. When they have finished encourage each child to talk about what they have written.

Remind the children that it is ok to be different and God has special tasks for all of us using our different strengths and qualities.

*Activity 2:* Our Gifts are for Giving

Provide craft materials for the children create a gift for someone. Make a gift to cheer someone up or to show someone how much they care for them.

Tell the children that the gifts they have made represent the gifts God has given them and they should use their special gifts to serve God and help others.

chi ohonyn nhw.

Dwedwch wrth y plant fod y rhoddion maen nhw wedi'u gwneud yn cynrychioli'r rhoddion neu'r doniau mae Duw wedi rhoi iddyn nhw ac y dylen nhw ddefnyddio'u doniau arbennig i wasanaethu Duw a helpu eraill.

### *Gweithgaredd 3: Gêm y Balw'n*

Cael y plant i ffurfio cylch. Yn ystod y gêm hon, mae'n rhaid iddyn daro'r balw'n at ei gilydd, gan geisio peidio â gadael iddo gyffwrdd â'r llawr. Ceisiwch sicrhau fod pob plentyn yn cael cyfle i daro'r balw'n.

Helpwch y plant i ddeall fod angen iddyn nhw weithio gyda'i gilydd fel un i sicrhau nad ydy'r balw'n yn taro'r llawr. Fel yr eglwys gyfan hefyd, sydd angen i'r holl wahanol aelodau gydweithio i gadw gwaith Duw i fynd.

*Cau'r wers:* Yr eglwys ydy corff Iesu, sy'n cynnwys llawer o aelodau gyda doniau a thalentau, cryfderau a galluoedd arbennig. Mae gan bob aelod rôl arbennig i'w chwarae ym mywyd yr eglwys. Anogwch y plant i feddwl am y gwahanol dasgau mae pobl yn eu cyflawni ac ystyried beth fasen nhw'n mwynhau ei wneud ym mywyd yr eglwys.

*Gweddi:* Arglwydd Iesu, diolch am dy eglwys. Helpa ni i ddefnyddio'r doniau arbennig a roddaist inni i ddangos ein cariad i ti ac i eraill. Amen.

## **GWERS 3**

*Teitl:* Mae Iesu'n Ein Nabod

*Agor y wers:* Mae gan fugeiliaid dasg bwysig o gadw'u defaid yn ddiogel rhag niwed. Mae Iesu'n gwylio droson ni fel bugail ac mae o am inni gadw'n saff rhag niwed trwy wrando arno fo a'i ddilyn.

*Stori o'r Beibl:* Ioan 10:1-18 [Y Bugail Da]

*Gweithgaredd 1:* Darlun y Bugail Da a'r Defaid

Gwnewch ddarlun mawr o Iesu, y Bugail Da, yn arwain ei braidd ar hyd llwybr. Gwahoddwch y plant i lunio dafad, gan ei addurno gyda gwllân cotwm a rhoi eu henw arni.

Atgoffwch y plant fod pob un ohonyn nhw'n un o ddefaid gwerthfawr Iesu. Mae'n ein caru ac yn gofalu amdanon ni ac yn galw wrth ein henw.

## *Activity 3: Balloon Game*

Get the children to form a circle. During this game they must hit a balloon to each other, and they must not let it hit the ground. Try to ensure every child gets a turn at hitting the balloon.

Help the children understand that they need to work together as one to ensure the balloon doesn't hit the floor. Just like the whole church needs all the different members to work together to keep God's work going.

*Closing the lesson:* The church is Jesus' body made up of many members with special gift and talents, strengths and abilities. Each member has a special role to play in the life of the church. Encourage the children to think about the different tasks people do and consider what they might enjoy doing in the life of the church.

*Prayer:* Lord Jesus, thank you for your church. Help us to use the special gifts you have given us to show our love for you and for others. Amen.

## **LESSON 3**

*Title:* Jesus Knows Us

*Opening the lesson:* Shepherds have an important task of keeping their sheep safe from harm. Jesus watches over us like a shepherd and wants us to stay safe from harm by listening to him and following him.

*Bible Story:* John 10:1-18 [The Good Shepherd]

*Activity 1:* Good Shepherd and Sheep Picture

Make a large picture of Jesus, the Good Shepherd, leading his flock along a path. Invite the children to make a sheep, decorating it with cotton wool and putting their name on it.

Remind the children that they are each one of Jesus' precious sheep. He loves and cares for us and calls us by our name.

## Gweithgaredd 2: Y Ddafad Goll

Os oes ganddoch chi grŵp gweddol fawr o blant, gwahoddwch un ohonyn nhw i fod yn fugail a chuddiwch eu llygaid tra bo un o'r plant eraill yn mynd i guddio, gan gynrychioli dafad ar goll. Efallai y bydd angen lliain mawr i orchuddio'r plentyn, y ddafad goll. Mae'n rhaid i'r bugail wedyn geisio dyfalu pwy sydd ar goll. Wedi dyfalu'n gywir, mae'r ddafad goll yn mynd yn fugail ac mae'r gêm yn cario 'mlaen.

Esboniwch i'r plant fod y bugeiliaid yn nabod eu defaid mor dda, fe fydden nhw'n gwybod yn iawn pan fydd un ar goll ac fe a i chwilio amdani hyd nes cael hyd iddi. Yn yr un modd, mae Iesu'n chwilio amdanon ni pan fyddwn ninnau weithiau'n colli'n ffordd nôl ato fo.

## Gweithgaredd 3: Cael hyd i'r Bugail

Lluniwch ddrysfa gan ddefnyddio gwrthrychau mawr o amgylch yr ystafell. Rhowch fwgwd am wirfoddolwr – nhw fydd y ddafad – a chaiff gwirfoddolwr arall fod yn fugail. Mae angen i'r ddafad wrando ar lais y bugail er mwyn cael trwy'r ddrysfa i'r pen draw. Fel arall, gellir tynnu llun drysfa ar ddarn o bapur ac mae gofyn i'r plant arwain y ddafad o un pen o'r ddrysfa at y pen arall, lle mae'r bugail.

Atgoffwch y plant mor bwysig ydy hi i ddilyn cyfarwyddiadau gan riant ac athro i'n cadw'n ddiogel; mae'r un peth yn wir am Iesu, sydd hefyd eisiau ein cadw rhag niwed.

*Cau'r wers:* Mae defaid yn nabod llais eu bugail ac yn dilyn lle bynnag mae'n arwain, oherwydd eu bod yn trystio'r bugail. Esboniwch i'r plant fod angen i ninnau drystio Iesu, ein Bugail.

*Gweddi:* Arglwydd Iesu, diolch am fod yn fugail cariadus inni a gwylio droson ni i'n cadw'n saff. Helpa ni i beidio byth â chrwydro oddi wrthot ti. Amen.

[Daeth y syniadau am y gweithgareddau o'r llyfr: 'The Complete Children's Ministry Book' gan Katie Thompson a [ministry-to-children.com](http://ministry-to-children.com)]

## Activity 2: The Lost Sheep

If you have a fairly large group of children, invite one of the children to be the shepherd and to hide their eyes while one of the other children is hidden, representing a lost sheep. You may need to use a sheet to cover the child who will be the lost sheep. The shepherd then has to guess who is missing. When they guess correctly, the lost sheep then become the shepherd and the game continues.

Explain to the children that shepherds know their sheep so well, they will know when one is missing and will search for them until they are found. In the same way, Jesus searches for us when we sometimes lose our way from him.

## Activity 3: Find the Shepherd

Create a maze using large objects around a room. Blind fold a volunteer who will be a sheep and another volunteer will be the shepherd. The sheep needs to listen to the voice of the shepherd to get to the end of the maze. Alternatively, a maze can be drawn on a piece of paper and the children have to guide the sheep from one end of the maze to the shepherd at the other end.

Remind the children how important it is to follow instructions from a parent and a teacher to keep us safe, the same is true of Jesus who wants to keep us safe from harm.

*Closing the lesson:* Sheep know the voice of their shepherd and follow where the shepherd leads, because they trust the shepherd. Explain to the children that we need to trust Jesus, our Shepherd.

*Prayer:* Lord Jesus, thank you for being our loving shepherd and watching over us to keep us safe. Help us to never lose our way from you. Amen.

[Activity ideas from: 'The Complete Children's Ministry Book' by Katie Thompson and [ministry-to-children.com](http://ministry-to-children.com)]



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